

CLASS: M.A. H.R.M

15A/302

St. JOSEPH'S COLLEGE (AUTONOMOUS) TIRUCHIRAPPALLI – 620 002

SEMESTER EXAMINATIONS – APRIL 2015

TIME: 3 Hrs.

MAXIMUM MARKS: 100

SEM	SET	PAPER CODE	TITLE OF THE PAPER
IV	2013	12PHR4114	COUNSELLING AND GUIDANCE

SECTION – A

Answer all the questions: (about 50 words each)

10 x 2 = 20

1. Define individual counselling.
2. Define group counselling.
3. What is learning?
4. What is the meaning of psycho-socio and cultural development?
5. What is meant by approach?
6. Explain humanistic approach.
7. What is non verbal communication?
8. What is convert behavior?
9. What do you mean by the welfare of the client?
10. What is confidentiality?

SECTION – B

Answer all the questions: (about 150 words each)

5 x 4 = 20

11. a. State the scope counselling in India.

OR

- b. Explain the importance of psychology in counselling.

12. a. Bring out the cognitive learning.

OR

- b. How to understand the problems in the Indian educational context?
13. a. Elaborate directive approach to counselling.
- OR**
- b. Explain the theory of growth and maladjustment.
14. a. Explain the types of non-verbal behavior.
- OR**
- b. Bring out the process of group counselling.
15. a. Discuss the ethical standards in counselling.
- OR**
- b. Write a brief note on Free association of Sigmund Freud.

SECTION – C

**Answer any FOUR questions: (about 500 words each) 4 x 15 = 60
(Question -20 compulsory)**

16. Elaborate the emergence of counselling.
17. Explain the various perspectives of development tasks.
18. Bring out various approaches to counselling.
19. Write a brief note on the counselling in following settings:
(i) Career guidance (ii) Industrial setting.
20. **Case study:**

Mr. Prabhu is working in a Multinational Company occupying a managerial position. He is highly competent and his past performance has been very good. He has cordial relationship with his boss and both of them joined together in the company and gained seven years of experiences. Due to some personal reasons his reporting boss left the company.

Mr. Prabhu was not able to match the wave length of new reporting boss. He experienced some kind of uncomfoting and he started losing interest in going to office.

Questions:

- a) As a counselor how will you proceed with this case?
- b) For the above situation what approach of counselling will be more appropriate? Give justification.
